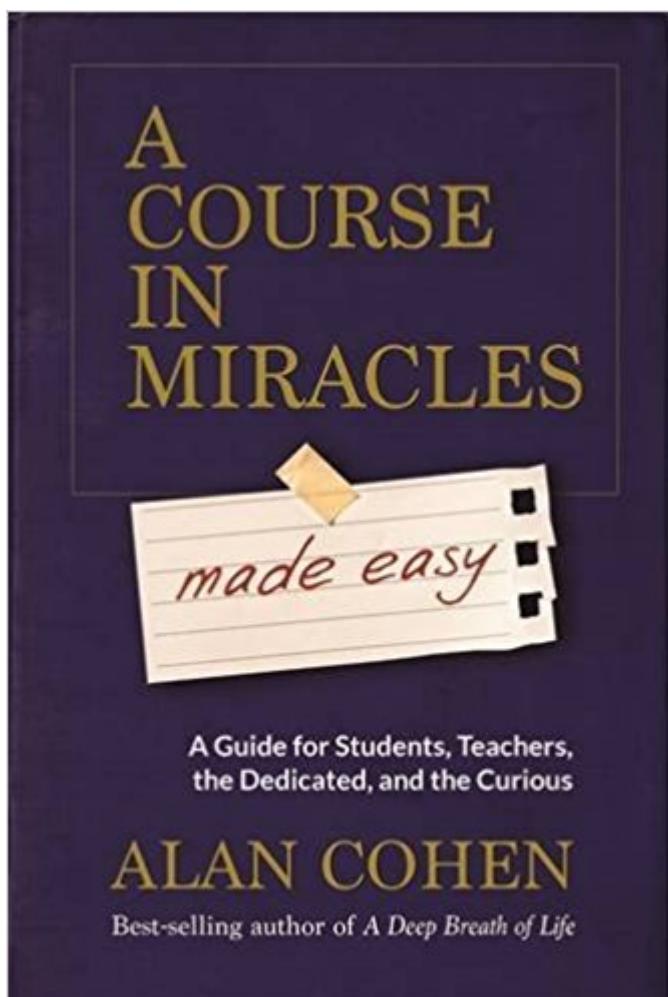


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# A Course In Miracles Made Easy: Mastering The Journey From Fear To Love



## Synopsis

A Course in Miracles (ACIM) — the self-study spiritual-thought system that teaches the way to love and forgiveness — has captured the minds and hearts of millions of people, and delivered inner peace where fear and pain once prevailed. Its universal message is unsurpassed in its power to heal. Yet many students report that they have difficulty grasping the principles, or encounter resistance to the lessons. So, even while they yearn for the spiritual freedom the Course offers, they put the book aside, hoping one day to get to it. Alan Cohen, ACIM student and teacher for over 30 years, takes the Big Picture ideas of the Course and brings them down to earth in practical, easy-to-understand lessons with plenty of real-life examples and applications. *A Course in Miracles Made Easy* is the Rosetta stone that will render the Course understandable and relatable; and, most importantly, generate practical, healing results in the lives of students. This unique reader-friendly guide will serve longtime students of the Course, as well as those seeking to acquaint themselves with the program.

## Book Information

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## Customer Reviews

Alan Cohen is the author of 24 popular inspirational books, including the bestseller *A Deep Breath of Life*. He is a contributing writer for the #1 New York Times best-selling series *Chicken Soup for the Soul*, and his work has been featured on Oprah.com and in 101 Top Experts. Alan's monthly column, "From the Heart," appears in magazines internationally, and he hosts the lively talk show *Get Real* on HayHouseRadio.com®. Alan's books (which have been translated into 24 different languages) and seminars have touched the lives of millions who have found the courage to believe in themselves and follow their dreams. Website:

I have been an inconsistent student of A Course in Miracles for 20 years. I say "inconsistent" because although I love the principles, so much of the text seems impenetrable and downright confusing. Alan Cohen's groundbreaking "A Course in Miracles Made Easy" beautifully illuminates the text, providing clarity for both new and long-time Course students. And for those who can't get through the Course, don't give up--this book will give you all you need. Many will also find renewed enthusiasm for re-reading the Course (I did), because it no longer seems so daunting. I also felt tremendous inner peace while reading "ACIM Made Easy"-- the whole point of ACIM. Unlike much of the Course (which tends to be deliberately circuitous), this book is clear and direct. If you want to feel lighter and more in love with your life, give it a try. You may even experience a miracle.

A Course in Miracles, made easy, is a companion book for the ACIM (A Course in Miracles), the self-study spiritual-thought system that teaches the way to love and forgiveness. For many, the original ACIM text is obscure and cryptic, leading author Alan Cohen to joke, "ACIM is the only book that has been purchased by millions, but only read by a few." I am new to Mr. Cohen's teaching, discovering him through his show on Hay House Radio, where he discussed his book. Cohen is an excellent teacher, a concise writer and wonderful storyteller. He weaves witty personal stories throughout his illumination of the Course's principles, making the material much more easy to digest than the text. If you are interested in understanding the concepts of A Course in Miracles, or just looking for more inner peace, then I recommend this wonderful, easy to read and beautifully written book.

I just finished this and it was a joy to read. Alan Cohen made the key premises of ACIM simple and clear. I also ordered the workbook as he suggested and find I am eager and ready to do the exercises each morning. In terms of humankind's beliefs, the premises (promises??!) of the text are a radical and uplifting shift from the drudgery of "success" that leaves most everyone feeling so empty and lost. A few examples of some of them are: You are whole and holy, not a problem to be fixed. There is nothing you need obtain or do to "deserve" happiness and health, in fact, it is your birthright and your normal state. Your health depends ONLY on the health of your mind. You are always forgiven for EVERYTHING, in fact, there was never anything to forgive. RADICAL departure right??? Reading these ideas lifted my heart and brought a profound sense of peace. I imagine there will be quite a few people that will, at the very least, question some of these thoughts and

THAT IS GOOD, and some will resist these ideas entirely (i.e. Illness is only brought on from the way you think might push quite a few buttons especially if you are ill) however just opening your mind to entertain these ideas cracks open your mind and heart and that's the idea...God and Grace swoop in anytime there is an opening, however slight. I would love to live in a world where these words were truth with a capital "T" and judging from the eagerness of my heart while reading this book, I believe they are.

Thankyou , Alan Cohen, for this wonderful explanation of ACIM. I love your examples and easy to understand language. I have been a student of ACIM since 1980 and only wish your book had been available back then! But it has been so helpful to me now through this presidential election. I feel in a state of peace while most people around me are angry, fearful, and judgmental about the outcome . I am doing my best to share my belief that if we are not extending love, then we are crying out for love. All of us, no exceptions! I will recommend your book highly. It would be great for a class on A Course In Miracles too.

I would say this is a very helpful and practical addition to A Course in Miracles, but by no means replaces it. It might work as an introduction to the Course for someone considering studying that truly powerful teaching, but it really makes better sense when you have worked through the Course at least once and worked with the year's worth of Lessons and additional materials that form the full curriculum. I have been through all the the Course material three times now, not because it's difficult to understand (it is at times) but because it's so beautiful, true and profound. There really are no shortcuts to this teaching. Each time around I learn more and at a deeper level. There's no prescribed time or number of times of having read it, to consider being "done". It's the APPLICATION of the Course ideas to one's life that really matters, and isn't always so easy, but definitely rewarding. So I can appreciate the additional help that Alan Cohen's book offers, but don't stop there!

I an a long time Alan Cohen fan - big time! And, this book is no exception. This is maybe my third attempt to complete A Course in Miracles (ACIM) and this book gives me another perspective. It allows me to really get what ACIM is all about, so it is a powerful addition to the ACIM training. If you are an ACIM student, I know you will enjoy this book! And, it helps me stay the course with ACIM and integrate the teachings therein.Buy it, you will be happy you did.Beverly Winfield

This book removes the hurdles to understanding ACIM. The author can explain complicated theories in simple language. Wish I'd have read this book during my first study course. I'm on year five and it was still helpful.

I have read a couple of books by Marianne Williamson and became interested in ACIM. This book encouraged me to start doing the daily workbook lesson - not to read the actual course yet but it's a start. I will read this one again- simple and straight forward with a bit of humor. Several times I felt that he was a close friend and we were having a heart to heart talk. This book is exactly what I needed.

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